



# SEASONS

THE GLASSHOUSE

Sunday Menu  
August 2024

2 Courses - £36 3 Courses - £42  
Must include one main, and one or two starters or  
desserts

## FOR THE TABLE

### Fried Whitebait

Pickled Samphire,  
Seaweed Mayonnaise  
10.95

### Bread Board 6

Chicken and Bacon Butter, Sundried Tomato  
and Herb Butter  
**GF** Available on request

### Hummus **VG**

Crispbreads, Roasted  
Chickpeas  
9.95

### Marinated Olives **VG, GF**

6.50

## STARTERS

### House Smoked Duck **GF**

Grapefruit and Fennel Salad

### Chicken and Waffle **GF**

Chicken Liver Parfait and Red Onion Marmalade,  
Truffle Oil, Served on a Toasted Waffle

### Crab and Crayfish Muffin

Fennel and Rocket Salad, Lobster Mayonnaise

### Smoked Beetroot Tartare **VG**

Avocado and Horseradish Crème Fraiche

### Isle of Wight Heritage Tomato and

### Mozzarella Salad **V, GF, NUTS**

Fresh Basil and Tomato Balsamic Vinegar

## TO ROAST

Rosemary & Garlic Potatoes, Sage & Onion  
Stuffing, Carrot and Swede Mash, Meat Gravy

- Sirloin Of Beef
- Roast Turkey Breast
- Roast Pork Belly

### Carrot and Cashew Nut Roast **VG, DF, NUTS**

Rosemary & Garlic Potatoes, Carrot &  
Swede Mash, Mushroom Gravy

## TO DINE

### Pan Fried Salmon Fillet **GF**

Rustic Garden Pea Potato Cake, Samphire,  
Herb Butter Sauce

### Seasons Caesar Salad

Gem Lettuce, Smoked Bacon, Rustic Croutons,  
Shaved Parmesan, Caesar Dressing

Add Grilled Chicken 6 | Grilled Salmon 6 | Smoked Salmon 6

## SIDES 6

Buttered Seasonal Greens **GF**

Rocket Salad **GF, DF**

Hand Cut Chips **VG, GF**

French Fries **VG, GF**

Add Truffle Oil & Parmesan **GF** for 50p

## CHILDREN'S SUNDAY ROAST

Served with all the trimmings

- Turkey 9
- Beef 9.50
- Pork 9

### Panko Breaded Chicken Burger

Cheddar Cheese, Crispy Bacon,  
Seasons Burger Sauce, Pickles,  
Sesame Seeded Bun, French Fries

### Dry Aged Rib Cap Burger

Cheddar Cheese, Crispy Bacon, Seasons  
Burger Sauce, Pickles, Sesame Seeded Bun,  
French Fries **GF** Available On Request

### Bhaji Burger **VG, GF**

Mango Chutney, Coconut Yoghurt Raita,  
Carrot Slaw, Vegan Brioche Bun, Curry  
Mayonnaise, Chaat Masala Seasoned Fries

## DESSERTS AND CHEESE

### Dark Chocolate and Pistachio Tart **NUTS**

Pistachio Ice Cream

### Rum Roasted pineapple **VG, GF**

Coconut Ice Cream, Passion Fruit and  
Mango Sauce

### Lemon Posset **GF**

Lemon and Raspberry Posset, Raspberry  
Shortcake Biscuits

### Eton Mess Knickerbocker Glory **GF**

Raspberry Ripple Ice Cream, Raspberry Sorbet,  
Meringue, Dry Raspberries, Raspberry Coulie

### Cheese Plate

Stilton | Godminster | Brie  
Crackers, Homemade Condiments

### 3 Scoops of Ice Cream or Sorbet

Ask a server for our Ice Cream Menu  
**VG, GF** available on request

**VG** Vegan

**GF** Gluten Free  
Ingredients

**DF** Dairy Free  
Ingredients

**V** Vegetarian

**NUTS** Contains Nuts

Please inform a member of the team of any allergies or intolerances before placing an order. Note that not all the ingredients are listed on the menu and we cannot guarantee the total absence of allergens. A list of all 14 notifiable allergens are available on request.

A discretionary service charge of 12% will be added to your bill.